Level 3 North State

November 14-15, 2026

WOGA Frisco
5936 Nancy Jane Ln
Frisco, Texas
Hosted By
WOGA Gymnastics

Age determined as of November 15, 2026

Saturday, November 14th

Session 1
Sr. C1/C2/C3/C4/ Sr. B3

Open Stretch
8:00 AM

Line up
8:20 AM

Warm/up
8:30AM

Competition begins
Awards to follow

Session 2
Sr. B1/B2/ Sr. A1/A2/A3

Open Stretch
12:15 PM

Line up
12:35 PM

Warm/up
12:45 PM

Competition begins
Awards to follow

Session 3
Jr. C1/C2/C3/ Jr. B3

Open Stretch
4:30 PM

Line up
4:50 PM

Warm/up
5:00 PM

Competition begins
Awards to follow

Sunday, November 15th

Session 4
Jr. B1/B2/ Jr. A1/A2/A3

Open Stretch
8:00 AM

Line up
8:20 AM

Warm/up
8:30 AM

Competition begins
Awards to follow